



511 Octavia St.
New Orleans, LA 70115
504-821-9885

Dean Lerner Workshop

January 20-22, 2012

We are happy to welcome Dean back for his eleventh year at the studio!

Dean, a Senior Iyengar yoga instructor, is co-director of the Center for

Well-Being in Lemont, PA. He has been practicing yoga since the mid-1970's and teaching since 1980. He teaches workshops nationally and abroad and has trained many teachers in the Iyengar community. This is a wonderful opportunity to immerse yourself in a fun and challenging weekend

of yoga with one of the top Iyengar teachers in the country!

Weekend Workshop:
Fri. 6-8pm
Sat. 9- noon
Sat. 3-5pm
Sun. 9- noon

The weekend workshop is open to students who have studied Iyengar yoga for at least one year. Students should be familiar with shoulder stand and head stand. Priority will be given to students who register for the entire workshop. If space permits, students can attend individual classes.

Entire weekend workshop, \$185;
(if received by Jan. 7, \$165.)
2-hour classes \$40.; 3-hour classes \$60.

Space is limited. Pre-registration is highly recommended!

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Registration form

Check here to register for the:

weekend workshop (\$185; if received by Jan. 7, \$165.)

Or check the boxes at the right to choose individual classes:

Fri. 6-8pm, \$40.

Sat. 9-noon, \$60.

Sat. 3-5pm, \$40.

Sun. 9-noon, \$60.

Name _____

Address _____

Email _____

Phone _____

Enclosed is my check for \$ _____